



Local School Wellness Policy

Plan Overview

- (a)** Jesuit Academy works to foster a healthy lifestyle as well as healthy food plan for all students. Our goals for the 2026 – 2027 school year are...
 - a. Provide healthy and balanced meals for lunches**
 - b. Provide healthy snacks for our extended school day**
 - c. Promote activity and exercise for students to practice a healthy lifestyle beyond their time in our school**
- (b)** Student lunches are provided by “Westside Nutrition Services.” In collaboration with W.N.S., Jesuit Academy meets all H.A.C.C.P. guidelines required by the state. (see attached form for general overview)
- (c)** Healthy snacks are provided by “Sysco” and are in compliance with Westside Nutrition Services guidelines
- (d)** Healthy activities and health education is provided by our Physical Education teacher. Plan is revised by the School Wellness Committee in collaboration with the school administration and P.E. teacher.
 - a. Here are some programs and activities that are in place for the 2026-2027 school year
 - i. Family and community participation in “the Jaywalk” provided by Creighton students**
 - ii. Adoption of new Health Curriculum “Health Smart”**
 - iii. Collaboration with Creighton University Health Students to do annual health checkups**
 - iv. Collaboration with Creighton Physical Therapy and Occupational Therapy students for lesson in P.E./Health Class**

v. Multiple athletic programs are provided to ALL students without tryouts or cuts

(e) The “School Wellness Committee” consists of the following stakeholders:

- a. Teachers
- b. Administrators
- c. Director of Food Services
- d. Parents/Guardians
- e. Physical Education Teacher

(f) The “School Wellness Committee” will meet 4 times per year

- a. Fall: Plan for promotion and communication of the year’s goals
- b. Late Fall/Early Winter: Update on progress of the year’s goals
- c. Winter: Discussion of potential programming for the following year
- d. Spring: Make revisions and additions; Appro the next year’s goals

Step 1

Extent To Which the Local Wellness Policy (LWP) Complies with USDA Requirements and Compares to a Model Policy Assessment Tool



Complete one of the LWP assessment tools listed below. Check the box next to the tool used. Retain a copy of the completed comparison assessment.

- ☒ Alliance for a Healthier Generation 10-step Checklist (see pages 2-5 of this document)
- ☐ [The WellSAT School Assessment Tool](#)

Open the completed comparison assessment and respond to the following questions based on the responses.

1. List areas of strength in the wellness policy:

- a. Collaboration with local entities
- b. Proper meal program with diverse options
- c. Physical activity and high-quality P.E. instruction

2. List opportunities for improvement in the wellness policy:

- a. More mention WellSat initiatives
- b. More opportunities for employee wellness
- c. More parent involvement

3. As a result of the comparison, was new language adopted in the LWP?

- ☐ Yes (complete notes section & question 4)
- ☒ No (skip to question 5)

Notes: Delete this text and briefly describe what was adopted. If possible, include the location/page numbers in the updated wellness for any new language.

4. Have the changes been approved by the board?

- ☐ Yes
- ☐ No

5. Describe the next steps for strengthening your LWP.

Plan to recruit committee members who are passionate about the initiatives and can take the lead on new initiatives while also seeing the current initiatives through more consistently

Skip & delete the following pages if utilizing the WellSAT tool to complete the model policy comparison.

Alliance for a Healthier Generation 10-step Checklist

According to 7 CFR 210.31(e)(2), all School Food Authorities (SFAs) are required to complete an assessment of their compliance with their local wellness policy (LWP) at least once every three years and make this assessment available to the public by posting assessment responses/documentation to your school/district/residential child care institution (RCCI) website.

The local wellness policy (LWP) triennial assessment must be completed by **June 30, 2026**. Non-compliance with this requirement will result in a hold of the SFAs Child Nutrition Program claims for reimbursement until this requirement is met.

The questions contained in this survey have been taken from the Alliance for a Healthier Generation's LWP assessment.

This survey outlines the ten required components of the LWP as defined by the USDA final rule of 2016. SFAs can use this checklist with Healthier Generation's Model Wellness Policy to revise/update their LWP to ensure that it meets federal requirements. Healthier Generation's Model Wellness Policy includes model language for the required components, as well as resources to support implementation.

Please provide your SFA's information and then select the rating that applies to your LWP for each of the 10 questions below.

The rating scale is:

2 = Current policy includes **all** required language for this component

1 = Current policy includes **some** of the required language for this component

0 = Current policy includes **none** of the required language for this component

Please provide your SFA's information in the space provided below.

School/District/RCCI name

Jesuit Academy

Agency ID Number/Agreement Number (6 digits, no dashes)

280702

Wellness policy contact name (first & last)

Joe Murray



Wellness policy contact email address
jmurray@jesuitacademy.org



1. The policy identifies one or more district/school/RCCI official(s) who have the authority and responsibility for ensuring that each site complies with the policy.

Rating: 2

2. The policy includes language inviting parents, students, representatives of the school food authority (SFA), teachers of physical education, health professionals, the school/RCCI board, administrators, and the general public to participate in the development, implementation, review and update of the LWP.

Rating: 1

3. The policy includes language describing the methods for informing the public (including parents, students, and others in the community) about the LWP, and updates this information on an annual basis.

Rating: 1

4. The policy includes language that outlines the triennial assessment. At least once every three years, the following is measured and made available to the public:

- the extent to which the school(s) comply with LWP;
- the extent to which the LWP compares to model local wellness policies;
- the progress made in attaining the goals of the LWP

Rating: 0

5. The policy includes nutrition standards for all foods and beverages sold on the school campus during the school day that are consistent with federal regulations for school meals and the Smart Snacks in Schools nutrition standards.

Rating: 1

6. The policy includes standards for foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties or classroom snacks brought by parents).

Rating: 1

7. The policy includes specific goals for nutrition education and promotion activities.



Rating: 1

8. The policy includes requirements for marketing and advertising of only those foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus during the school day.

Rating: 1

9. The policy includes specific goals for physical activity opportunities.

Rating: 2

10. The policy includes specific goals for other school-based activities that promote student wellness.

Rating: 2



Step 2

Progress in Reaching Local Wellness Policy (LWP) Goals & Compliance with the Wellness Policy



At a minimum, wellness policies are required to include:

- Specific goals for each of the following areas:
 - Nutrition promotion and education
 - Physical activity
 - Other school-based activities that promote student wellness
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Instructions - Progress in Reaching LWP Goals:

Using the template below, identify the language that is currently included in the LWP for each goal area and indicate whether the goal was met, partially met, or not met. Provide a summary of the progress made towards each goal for each grade level (elementary, middle school, high school) within your school/district/Residential Child Care Institution (RCCI).

1. Nutrition Education Goal/Nutrition Promotion Goal (REQUIRED)

Implement food knowledge and cooking techniques in "Community Arts Class".

a. Was the goal met?

Yes - the school/district/RCCI met this goal across all grade levels.

Partially - the school/district/RCCI met this goal for some grade levels but did not meet this goal for other grade levels

No - the school/district/RCCI did not meet this goal for any grade level.

b. Provide a summary of what was achieved across each grade group within your school/district/RCCI to meet Goal #1: Nutrition Education Goal/Nutrition Promotion Goal. If the goal was partially met or not met, explain what steps the school/district/RCCI will take to meet the goal. Type N/a for any grade level(s) not included in your school/district/RCCI.

- **Elementary School/Middle School:** Students are shown healthy options and ways to cook new foods in community arts class.

2. Physical Activity Goal (REQUIRED)

Students will learn a variety of activities which promote physical activity and a range of new options for a healthy lifestyle.

a. Was the goal met?

Yes - the school/district/RCCI met this goal across all grade levels.

Partially - the school/district/RCCI met this goal for some grade levels but did not meet this goal for other grade levels

No - the school/district/RCCI did not meet this goal across all grade levels.

b. Provide a summary of what was achieved across each grade group within your school/district/RCCI to meet Goal #2: Physical Activity Goal. If the goal was partially met or not met, explain what steps the school/district/RCCI will take to meet the goal. Type N/a for any grade level(s) not included in your school/district/RCCI.

- **Elementary School/Middle School:** Physical activity goals are met. P.E. class and other initiatives assure this area is up to par.

3. Other Student/School Wellness Goal (REQUIRED)

School staff will work to add new members to the wellness committee and delegate some oversight/duties to assure all initiatives are met and new opportunities are added.

a. Was the goal met?

Yes - the school/district/RCCI met this goal across all grade levels.

Partially - the school/district/RCCI met this goal for some grade levels but did not meet this goal for other grade levels

No - the school/district/RCCI did not meet this goal across all grade levels.

b. Provide a summary of what was achieved across each grade group within your school/district/RCCI to meet Goal #3: Other Student/School Wellness Goal. If the goal was partially met or not met, explain what steps the school/district/RCCI will take to meet the goal. Type N/a for any of the grade level(s) not included in your school/district/RCCI.

- **Elementary School/Middle School:** Plan for more parent involvement and finding the right people to oversee all initiatives. With a small staff and people who wear “many hats” there has been a struggle to properly delegate enough to sustain larger and more time consuming initiatives.

Extent of Compliance with Wellness Policy

Instructions for Districts with Multiple School Buildings:

Districts with multiple school buildings will need to indicate the extent of compliance for each building for the following wellness policy requirements. Practices for each building should align with the district wellness policy.

If your district has an internal procedure for collecting this data (e.g., Google form, Excel spreadsheet, etc.), you may provide a link to a copy of that file in lieu of completing the section below. Alternatively, you may opt to complete the section below to indicate extent of compliance for each building; however, if multiple levels of compliance are checked (e.g., some school buildings are compliant while others are partially compliant), you will need to indicate the number of schools that fall into each category in the Notes section.

Instructions for Single Site Schools/Districts & RCCIs:

Single site schools/districts and RCCIs - indicate your school's/district's/RCCIs extent of compliance for the following wellness policy requirements. Practices should align with written wellness policy.

1. Federal/State Meal Standards (e.g., School Meals and Smart Snacks)

Not Compliant (if checked, complete notes section below)

Partially Compliant (if checked, complete notes section below)

Compliant (skip to question 2)

Notes: Westside Nutrition Services utilized

2. Foods/Beverages Offered but Not Sold Standards (e.g., classroom/school celebrations)

Not Compliant (if checked, complete notes section below)

Partially Compliant (if checked, complete notes section below)

Compliant (skip to question 3)

Notes: Some clubs sell after school hours or at sporting events.

3. Food/Beverage Marketing and Advertising Standards

Not Compliant (if checked, complete notes section below)

Partially Compliant (if checked, complete notes section below)

Compliant (skip to question 4)

Notes: Posters posted in cafeteria area and office, but not all around the school

4. Describe how the public (parents, community members, etc.) were included and/or invited to participate in the LWP development, implementation, review, and update.

Policy is posted on school websites and gone over at Parent Engagement Nights. Parents are invited to serve on committee if they wish.

Discussion/Notes:

N/A

Questions? Contact lauren.christensen@nebraska.gov



Triennial assessment results 2026

Meet our team

- Joe Murray (Principal)
- Jeff Tedder (P.E. Teacher)
- Christina Threats (Cafeteria Manager)
- Brandon Williams (Community Arts Coordinator)



Policy compliance results

(See Step 1 Document).

Wellness policy goals

1. Implement food knowledge and cooking techniques in "Community Arts Class Physical activity
2. Students will learn a variety of activities which promote physical activity and a range of new options for a healthy lifestyle
3. Staff will work to add new members to the wellness committee and delegate some oversight/duties to assure all initiatives are met and new opportunities are created

(See Step 2 Document).

Key achievements

1. Culinary classes with Community Arts Program
2. Continued partnership with local entities for health and wellness (Creighton U.)
3. Utilize of Westside Nutrition Services to introduce kids to new food options

Next Steps

Jesuit Academy hopes to expand involvement on the committee to add new initiatives and oversee current programming. The group also hopes to get more parent involvement to assure the things taught at school are continuing to be reinforced at home

Step 4

Communicate Public Notification Methods with NDE



Identify how your School Food Authority (SFA) made the results of the Triennial Assessment publicly available.

Minimum requirement: the current wellness policy and triennial assessment results must be publicly accessible on the SFA's website. Please include a direct link to the webpage where this information is posted.

Additional notification methods (e.g., school newsletter, presentation during board meeting, presentation at open house, etc.) are optional but may be utilized to reach specific audiences. Audiences may include, but are not limited to parents, caregivers, students, teachers, staff, community partners, board, etc.

Audience #1 (REQUIRED)

School/District/RCCI Community and Public

Method(s) of sharing

- School Food Authority Website
- Jesuit Academy School Website
- Update sent in school newsletter

Date of notification

Date

November 2026

Audience #2 (Optional)

Parent Meetings

Method(s) of sharing

- Parent Engagement Night

Date of notification

Date

December 2026

Questions? Contact: lauren.christensen@nebraska.gov

